

Health & Safety/Workplace Courses

Course	Modules Available	Length (w/6:1 student: instructor ratio)	Description	Audience	Student Materials	Instructor Materials	Card Type	Written Exam/ Skills Test
Heartsaver CPR	Adult/Child CPR and Choking <i>Optional:</i> Infant CPR and Choking Adult Child CPR With Mask Infant CPR With Mask	3 hours approx. 2 hours without Infant CPR	The Heartsaver CPR Course teaches CPR and relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages.	For those who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver CPR Student Workbook</i> (80-1021) Heartsaver Student CD Adult CPR Reminder Child & Infant CPR Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver CPR DVD (80-1023) or VHS (80-1022) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver CPR Course Completion Card	Skills Test
Heartsaver AED	Adult/Child CPR With Mask and Choking Adult/Child AED <i>Optional:</i> Infant CPR With Mask and Choking	3½ hours approx. 2½ hours without Infant CPR	The Heartsaver AED Course teaches CPR, AED use, relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages.	For those who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver AED Student Workbook</i> (80-1024) Heartsaver Student CD Adult CPR & AED Reminder Child & Infant CPR & AED Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver AED DVD (80-1026) or VHS (80-1025) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver AED Course Completion Card	Skills Test
Heartsaver First Aid	Adult First Aid <i>Optional:</i> Environmental Emergencies Adult/Child CPR With Mask Adult/Child AED Infant CPR With Mask	<u>All modules:</u> 7½ hours approx. 6½ hours without infant CPR <u>First Aid only:</u> 3½ hours approx.	The Heartsaver First Aid Course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes General Principles, Medical Emergencies, and Injury Emergencies. Optional topics include CPR and AED, and Environmental Emergencies.	For those who have a duty to respond to a first aid or cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver First Aid With CPR and AED Student Workbook</i> (80-1058) OR <i>Heartsaver First Aid Student Workbook</i> (80-1042) Heartsaver Student CD Heartsaver First Aid Quick Reference Guide (80-1057) Adult CPR & AED Reminder (only included with 80-1058) Child & Infant CPR & AED Reminder (only included with 80-1058)	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver First Aid Video DVD (80-1044) or VHS (80-1043) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver First Aid Course Completion Card	Written Test (First Aid) Skills Test (CPR and AED)

Health & Safety/Workplace Courses

Course	Modules Available	Length (w/6:1 student: instructor ratio)	Description	Audience	Student Materials	Instructor Materials	Card Type	Written Exam/ Skills Test
Heartsaver Pediatric First Aid	Pediatric First Aid Asthma Care Training for Childcare Providers Adult/Child CPR With Mask Adult/Child AED <u>Optional:</u> Optional Pediatric First Aid Topics Infant CPR With Mask	7 ½ hours approx. 6 ½ hours without infant CPR	The Heartsaver Pediatric First Aid Course teaches how to manage illness and injuries in a child in the first few minutes until professional help arrives. Topics include First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Optional First Aid Topics, and CPR and AED.	For those involved in child care who have a duty to respond to a first aid emergency because of job responsibilities or regulatory requirements, such as child care workers, teachers, foster care workers, camp counselors, youth organizations, and coaches for children's sports organizations.	<i>Heartsaver Pediatric First Aid Student Workbook</i> (80-1001) Heartsaver Student CD Heartsaver Pediatric First Aid Quick Reference Guide (80-1002) Adult CPR & AED Reminder Child & Infant CPR & AED Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver Pediatric First Aid Video DVD (80-1007) or VHS (80-1003) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver Pediatric First Aid Course Completion Card	Written Test (First Aid) Skills Test (CPR and AED)

Community Courses

Course	Modules Available	Length (w/6:1 student: instructor ratio)	Description	Audience	Student Materials	Instructor Materials	Card Type	Written Exam/ Skills Test
Heartsaver CPR in Schools	Adult/Child CPR and Choking <i>Optional:</i> Adult/Child AED Infant CPR and Choking Adult/Child CPR With Mask Infant CPR With Mask	If teaching over multiple class periods, 6:1 student ratio does not apply. CPR only: 3 hours approx. 2 hours without Infant CPR With AED: 3 hours, 45 minutes approx. 2 hours, 45 minutes without Infant CPR	The Heartsaver CPR in Schools Course, tailored to middle- and high-school students, teaches CPR and AED use, relief of choking in adults and children, and infant CPR and relief of choking.	For middle- and high-school students seeking a credential in CPR and AED.	<i>Heartsaver CPR in Schools Student Workbook</i> (80-1045) Heartsaver Student CD Adult CPR & AED Reminder Child & Infant CPR & AED Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver CPR in Schools DVD (80-1047) or VHS (80-1046) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018)	Heartsaver CPR in Schools Course Completion Card	Skills Test
Family & Friends CPR	Adult/Child CPR and Choking <i>Optional:</i> Infant CPR and Choking	2½ hours approx. 1 hour, 15 minutes without Infant CPR Infant Only: 1 hour, 15 minutes approx.	The Family & Friends CPR program teaches how to perform CPR in adults, children, or infants and how to help an adult, child, or infant who is choking.	Family members, friends and members of the general community who want to learn CPR but do not need a course completion card. This program also can be a non-credentialed option for middle- and high-school students.	<i>Family & Friends CPR Student Book</i> (80-1027) Adult CPR Reminder Infant & Child CPR Reminder	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Family & Friends CPR DVD (80-1031) or VHS (80-1030) Heartsaver Posters (80-1065)	Participation Card	None
Family & Friends First Aid for Children	Child First Aid and Environmental Emergencies	45 minutes approx.	The new Family & Friends First Aid for Children program teaches how to manage illness and injuries in a child for the first few minutes until professional help arrives. This program covers such topics as preventing injuries, recognizing and treating basic first aid emergencies, and relief of choking in infants and children.	For those caring for infants and children, such as family members, babysitters, and others providing in-home care, who want basic first aid information but who do not need a course completion credential.	<i>Family & Friends First Aid for Children Student Book</i> (80-1034)	<i>Heartsaver and Family & Friends Instructor Manual</i> (80-1077) Heartsaver and Family & Friends Instructor CD Family & Friends First Aid for Children DVD (80-1032) or VHS (80-1033)	Participation Card	None